



Mastering the Language of Archetypes and Distinctions for Shifts in Coaching

DJ and Janet



How did you see the movies?

- 1. What are the archetypes of the actor and one supporting actor? (relationship)
- 2. Could you determine Light and Shadow Patterns?
- 3. If you could ask one archetype related question of the film's star, what would it be?

Erin Brockovich
The Avengers
Wonder Woman
The Greatest Showman – PT Barnum
Air – The Nike Story
Black Panther

© 2013 Pyramid Resource Gro

4

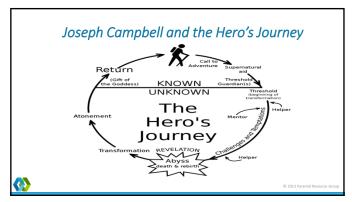
Thinking about our VOJ - the Judge in our heads?





0 2013 Pyramid Resource Gro

5



6

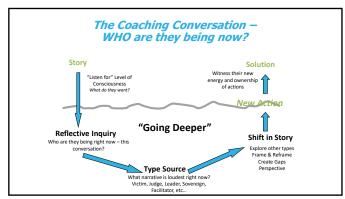
Coaching Happens Between 3 Areas of Consciousness & Personal Development

What "They" Want	What "I" Want	What Wants "Me"
Organization /Family of Origin	Career Advancement - New Lifestyle	Purpose/Passion/Calling
Representation	Individuation	Symbolic - Significance
Either/Or Language	Neither/Nor Language	Both/And Language
Need - what others really need or want from me	Choice – what I really, really, really want	Compassion – Acceptance and allowing my service to something bigger

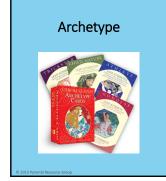


© 2013 Pyramid Resource Group

7



8

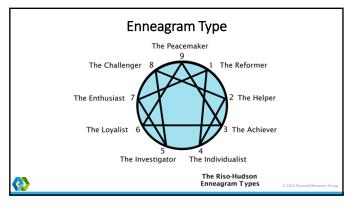


A universal pattern of consciousness, that orders parts of the human psyche into patterns of growth, patterns of questions, patterns of inner revelations. An archetypal pattern helps form and develops the psyche and brings spirit into the psyche. It's a way through which your ego and psyche (soul) meet and work together.

Caroline-Myss -Sacred Contracts

Enneagram number is an example of an archetype

9



10

Instinctive Center Type 8 – the Challenger Type 9 – the Peacemaker Type 1 – the Reformer Type 2 – the Healer, Helper Type 3 – the Achiever Type 4 – the Individualist Thinking Center Type 5 – the Investigator Type 6 – the Loyalist Type 7 – the Enthusiast Mariah Hernandez Fenn Malloy; Nate Thomas Tran Nash; Donia Allen Feeling Center Type 3 – the Achiever Type 4 – the Individualist Thinking Center Type 5 – the Investigator Type 6 – the Loyalist Type 7 – the Enthusiast Mariah Hernandez

11

Practice Break-out

- $\bullet\,$ Think about a situation you are facing now, personally or professionally.
- What archetype are you currently "wearing" in this situation? for example: innovator, challenger, achiever, rescuer, judge, teacher, coach, leader, mediator, advocate, victim, champion
- In pairs for 20 minutes, each take a turn (10mins) briefly sharing the situation and the archetype you identify with and the outcome you want (ie plan of action; new perspective; decision).
- \bullet From space of being wholly curious, the partner coach explores with questions that relate to the archetype.



© 2013 Pyramid Resource Gr

Arch	etypes in our wo	rk			_
	Wander Woman How High-Achieving Women	ZOMBIES			
	Find Contentment and Direction	REAWAKEN THE HUMAN SPIRIT AT WORK!			_
	MARCIA REYNOLDS	DARELYN 'DJ' MITSCH			
⊕			© 2013 Pyramid Resource Group		